

“Marriage is an act of faith between a man and woman who are both fragile and limited, but courageous enough to follow Christ and seek to love Each other as he loves them.”

**Pope Francis**



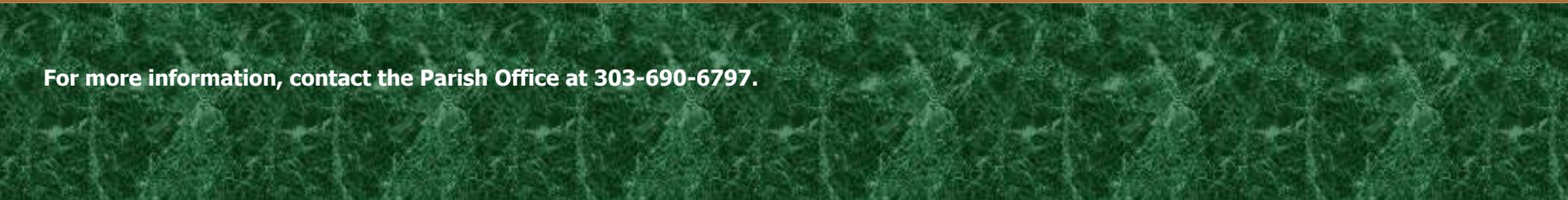
# Preparation for HOLY MATRIMONY



St. Michael the Archangel  
Catholic Church



For more information, contact the Parish Office at 303-690-6797.





## CONGRATULATIONS ON YOUR ENGAGEMENT!

"Now what do we do?"



1. **Call Your Parish** ..... **8-12 months**  
before the wedding  
Call as soon as you get engaged! A member of the parish staff will schedule a meeting with you to discuss your wedding Preparations as soon as possible.
2. **Initial Meeting** ..... **8 months**  
before the wedding  
At this meeting, you'll learn about the preparation process for the Sacrament of Holy Matrimony, the necessary paperwork for your Marriage, and set your tentative wedding date.
3. **FOCCUS Inventory** ..... **7-8 months**  
before the wedding  
The FOCCUS Inventory provides you with a personalized profile of your relationship. Your parish will set-up your inventory session and, upon completion, the follow-up sessions needed to review between you and your future spouse.  
"Note" Some parishes use inventories other than FOCCUS.
4. **Marriage Prep. Program** ..... **6 months**  
before the wedding  
Various programs are available within the Archdiocese, all of Which focus on the theology of Catholic marriage as well as Important life skills. You'll receive help identifying a prep program That best fits your needs.



## Preparation for HOLY MATRIMONY



5. **Natural Family Planning** ..... **5-6 months**  
before the wedding  
NFP respects the love-giving and life-giving natures of marriage, and enriches the bond between husband and wife. This course gives couples a natural approach to understanding the cycles of fertility and infertility.
6. **Final Meeting** ..... **2 months**  
before the wedding  
This meeting will review your previous preparation, complete all Of your paperwork, and plan your wedding liturgy. You're getting Close to celebrating this beautiful sacrament!
7. **Sacrament of Reconciliation** ..... **1 week**  
before the wedding  
Catholics preparing for the Sacrament of Holy Matrimony Are encouraged to receive the Sacrament of Reconciliation. Reconciliation and the Eucharist are invaluable sources of grace and healing. Celebrate this sacrament with your spouse-to-be!

### Additional questions?

Contact the Parish Office at 303-690-6797